

DO YOU LIVE WITH MAJOR DEPRESSIVE DISORDER, BIPOLAR DISORDER OR A SCHIZOPHRENIA SPECTRUM DISORDER? THE VISIBLE SURVEY

Is seeking **lived experience** perspectives on **thinking skills & mental health**



Anonymous online survey



Open to **adults anywhere in the world** that live with **major depressive disorder, bipolar disorder** or a **schizophrenia spectrum disorder**

SHARE YOUR PERSPECTIVES ON...



How your mental health **relates** to your **thinking skills**



How your **thinking skills** impact your other symptoms and **your daily life**



What **research** we should be doing to **better understand thinking skills** and **mental health**



SCAN THE QR CODE TO
PARTICIPATE TODAY!

