



ANNABEL VREEKER

ASSISTANT PROFESSOR

NARRATIVE

My aim is to improve mental health of youth who are at increased risk of mood disorders. In 2015 I graduated at the UMC Utrecht (department of Psychiatry) on a large study on bipolar disorder (BipolarGenetics). I found that patients with bipolar disorder have higher educational performance, but lower cognitive functioning, as compared to controls. I decided to further increase my understanding of factors that influence risk and resilience in adolescents and adults. I investigated the influence of substances on mental health at the Trimbos Institute. After this, I worked as a postdoctoral researcher at the UMC Utrecht and the University of California Los Angeles, where I coordinated a working group on psychiatric phenotypes in the Whole Genome Sequencing for Psychiatric Disorders consortium. In January 2020 I started working as a postdoctoral researcher at the Erasmus MC, Department of Child and Adolescent Psychiatry/Psychology. Here, I have been working on the Mood and Resilience in Offspring (MARIO) study. In the MARIO study I examine factors that contribute to risk and resilience in offspring of patients with a mood disorder. In May 2022, I started working as Assistant Professor at the Erasmus University, team Youth&Family, where I am involved in several research projects on eHealth and mental health and resilience in youth (4 days per week). One day per week I work as Assistant Professor at the Erasmus MC. Currently, I am supervising two PhD students, one postdoctoral researcher, 1 research assistant and 2 student assistants.

Personal information



06-14164267



a.vreeker@erasmusmc.nl



27-04-1986



Partnership,
2 daughters

Education

Doctor of Philosophy in Psychiatry,
Utrecht University, Brain Center
Rudolf Magnus
2011-2015

Master of Science Clinical
Neuropsychology, Leiden University
2009-2010

Extra Master courses in Psychology,
Universidad de Salamanca
2008-2009

Bachelor in Psychology, Leiden
University
2005-2008

VWO, RGO Middelharnis
2003-2005

Havo, RGO Middelharnis
1998-2003