



Early Mid Career Committee

ISBD News – EMCC Corner October 2023



Welcome to the Early-Mid Career Committee (EMCC) segment of the International Society for Bipolar Disorders (ISBD) newsletter.

I am Dr. Joanna Jiménez, an ISBD EMCC committee member based in Mexico. I will keep you informed about all the EMCC initiatives, profiles, and events organized for ISBD members.

The EMCC is committed to providing unwavering support for initiatives and experiences aimed at advancing the careers of early and mid-career members involved in BD research and clinical care. To gain deeper insights into our aspirations and objectives, you can [read our editorial](#) titled “The Early Mid-Career Committee (EMCC) of the International Society for Bipolar Disorders: Aspirations and goals” published 21 December 2022 in BDJ.

One of our foundational projects involved the development of a needs survey, a critical step toward establishing a solid starting point. We enlisted the input of three hundred participants spanning six continents to identify the challenges and opportunities for both clinicians and researchers starting out within our field. We used these findings for our second publication titled [“Barriers to and facilitators of success for early and Mid-Career professionals focused on bipolar disorder: A global needs survey by the International Society for Bipolar Disorders”](#) published 30 June 2023 in BDJ. This open access paper will help us define critical infrastructure and initiatives to implement in the coming months and years.

The EMCC was represented in the ISBD 2023 Chicago program with both a workshop and a symposium. Using the data from the needs survey, we chose to focus our workshop on publishing. Titled “Publishing and International Collaborations: Putting Words to Paper, Bringing People Together, and Getting It Done,” the workshop featured talks by Prof Gin Malhi and Prof Jair Soares. We also presented data from the needs survey at our symposium “What Are the Needs of Early and Mid-Career Researchers and Clinicians in the Field of Bipolar Disorders?”.

Finally, we are actively working on developing numerous resources to make available on the [ISBD EMC webpage](#). One of these resources is a comprehensive list of suitable global grants that would support bipolar disorder research. **If you know of a specific grant opportunity available in your country (and beyond), please send an email to** Joanna Jiménez (joannajmz@comunidad.unam.mx). In an effort to be as inclusive as we can be to our international audience, we are looking for opportunities globally, with special attention to the following regions: Africa, Asia, and South America.

Until next month, keep in touch with all things ISBD EMCC through [Twitter](#) and [our webpage](#).

