



2016 REPORT

It's all about connection



Whether you were sitting in a classroom in Amsterdam, working in your office, or browsing your mobile phone or tablet, ISBD had you covered in 2016. Connecting our members to the latest research, top quality education and each other was our focus in 2016, and in many ways, this was a year of adding to our organizational capacity, with significant investment in a new, mobile friendly website, new educational products, and a new one

day clinical workshop in Mexico.

We recognize that the best educational content is only as valuable as our members' ability to access it on a platform that is intuitive, accessible and fun to use. With this in mind, we completely overhauled the ISBD website with the goal of simplifying the design, adding a mobile version, and delivering new educational content through new features, like our member's blog (replacing our ISBD Global Newsletter), and a searchable webinar library to handle the ever increasing content available to our members.

Of course, ISBD continued its work to recognize leaders in the field through its Awards, advance understanding in specific scientific topics through its task forces, and expand its reach through our network of international chapters. More on these topics and other areas of interest can be found both in this report and at www.isbd.org.

We would like to thank our entire board, membership, staff and supporters for your commitment to ISBD; we couldn't do it without you.

Best wishes,

Manuel Sanchez de Carmona, MD, ISBD President

The screenshot shows the ISBD website interface. At the top, there is a navigation bar with the ISBD logo and the text "Welcome to the International Society for Bipolar Disorders". Below the navigation bar, a large banner announces the "18TH ANNUAL CONFERENCE OF THE INTERNATIONAL SOCIETY FOR BIPOLAR DISORDERS" with the dates "Save the Date: July 13-16, 2016, Amsterdam, The Netherlands". Underneath the banner, a section titled "WHAT WE DO" describes the organization's mission: "Developing research and clinical education for professionals, patients, and families". This section features three circular icons: "EDUCATE" (with a brain icon), "RESEARCH" (with a microscope icon), and "ADVOCATE" (with a megaphone icon). Below this, a blue box highlights "New Site Launched 9/1/2016" and lists several key statistics:

- 31,937 Page Views
- 8,937 New Visitors
- New Chapters Map
- New Members Blog
- New Knowledge Center with Slides, Webinars, Videos, etc.



AMSTERDAM 2016

18th Annual Conference of the ISBD: Challenging Mood

ISBD’s 2016 meeting saw the highest attendance in the history of our conference. The 2016 meeting was held 13-17 July in Amsterdam along with the International Society for Affective Disorders, KenBiS (the Dutch Chapter of ISBD), the Association for Manic Depressives and Relatives (VMDB) and Fonds Psychische Gezondheid. The collaboration among Societies yielded a meeting that expanded the breadth of the topics to cover unipo-

lar major depression. The Societies for nutritional psychiatry and light therapies also contributed pre-conference symposia. The Experts by Experience track and advocacy day coordinated with KenBiS also brought significant contributions from the patient advocacy community. The conference also featured the second meeting of the ISBD Women’s Initiative to develop, support, and enhance the opportunities available to women in the Society, as well as the presentation of the Society’s Awards, which help junior colleagues attend the meeting and recognize senior leaders.

2016 MEETING AT A GLANCE

- 1,132 Delegates
- 52 Countries
- 123 Speakers
- 479 Abstracts
- 102 Symposia Submissions



LEADERSHIP

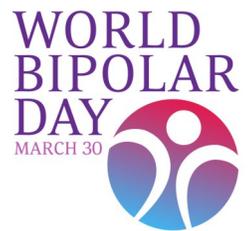
ISBD Awards and Women’s Initiative: Expanding Opportunities; Boosting Careers



GLOBAL IMPACT

ISBD Chapters & World Bipolar Day

ISBD welcomed two new chapters in Iran and Guatemala this year, bringing the total number of ISBD chapters to 24. A total of 13 ISBD chapters held events in support of World Bipolar Day (WBD) in 2016, and we congratulate the leaders in Argentina, Australia, Austria, Chile, Denmark, France, India, Iran, Italy, Korea, Mexico, the Netherlands, and Turkey for their participation.



In addition to these events, ISBD held a screening of the film “No Letting Go” in Pittsburgh, which featured the writer, Randi Silverman, and Dr. Boris Birmaher among a panel who addressed the challenges of proper diagnosis and treatment of pediatric bipolar disorder immediately following the film.

To learn more about WBD and ISBD chapters, please visit our website, which now features an interactive chapter map.



ISBD EDUCATION

Informative webinars, videos, slides and more



Dr. Ayal Schaffer
ISBD VP Education

We are constantly rolling out new information, including slides, educational videos from key leaders in the field, membership updates, and a brand new product, ISBD Clinical Notes and Tip Sheets, with the first in the series on Suicide Prevention. This is all a product of the new “ISBD Education” concept, a

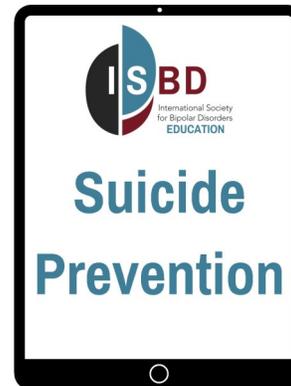
collection of educational materials that will form the backbone of our nascent training program for young researchers and clinicians.

We look forward to continuing to roll out these products in 2017 to enhance ISBD Education. Visit the Knowledge Center on our website at www.isbd.org/knowledge-center to access it all!

TARGETING EDUCATION TO NEED



30% of people with untreated bipolar disorder commit suicide



Educational Reach

- > 33,000 Slides Viewed
- 271 Webinar Participants
- Viewed in over 52 Countries
- Available on mobile platforms
- Spanish translations on select materials

PEDIATRIC WEBINAR SERIES

From the ISBD Pediatric Task Force

Myth-busting pediatric bipolar disorder:
A three part series

Featuring:

Benjamin Goldstein, MD, PhD, FRCPC
Eric Youngstrom, Ph.D.

“This was an EXCELLENT webinar, and I really appreciate the opportunity to ask questions to your experts. It feels like the best ever Grand Round opportunity”

ISBD FY 2016 Financials

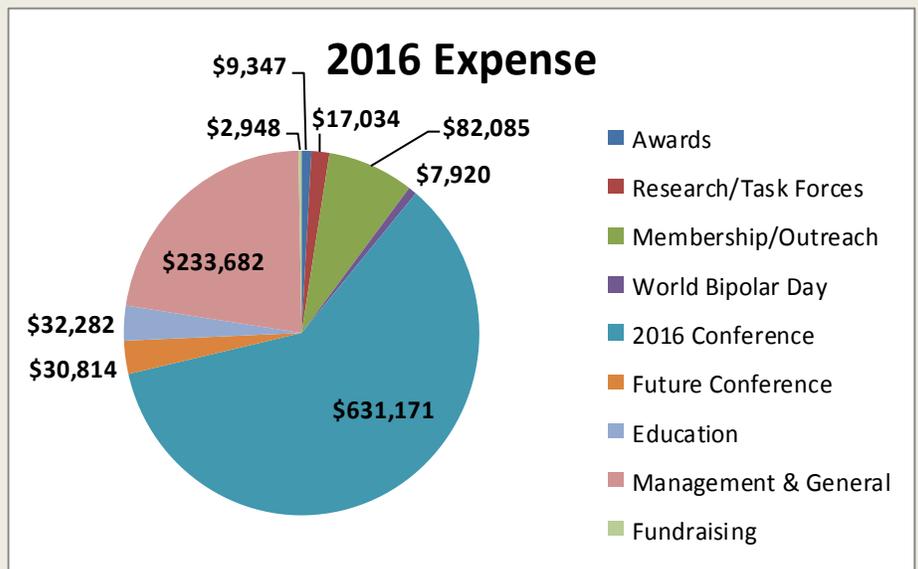
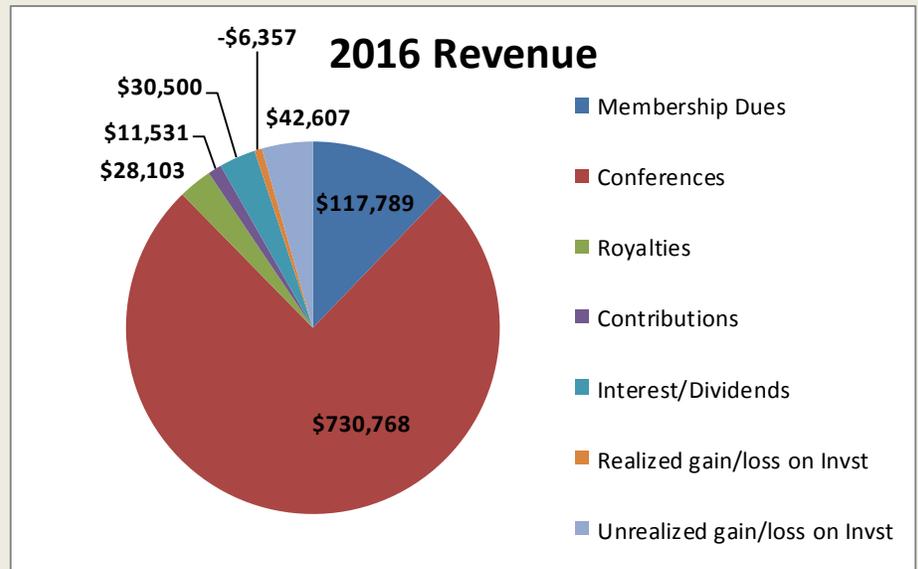
Investing in our future

The Big Picture

1/31/2016: \$1,655,250
 12/31/2016: \$1,562,908
 2016 Net Revenue: -\$92,342

ISBD invested substantially in its organizational infrastructure in 2016, increasing staff, building a new website, running a new regional workshop, and expanding our online educational content. As a result, we have made a strategic decision to invest some of the previous years surplus back into the Society.

ISBD's full audited financial statements can be found online at www.isbd.org/WhoWeAre



A Special "Thank You" to our many members and supporters in 2016. Without your support none of this would be possible. For a full list of contributors, please visit www.isbd.org/WhoWeAre

"Help the ISBD reach the ultimate goal of better understanding and treatment of bipolar disorders"

- Prof. Pichet Udomratn



HOW YOU CAN HELP

- ◆ Sign up for a membership today
- ◆ Make a donation at www.isbd.org/donate. We also participate in the CFC as well and all donations in the US are fully tax deductible
- ◆ Consider contributing to a task force or educational project