



The International Society for
BIPOLAR DISORDERS



Research.

Education.

Results.

Fiscal 2010 Annual Report

Executive Summary

The International Society for Bipolar Disorders had another excellent year with significant developments in our chapter activities, meetings schedule and new opportunities for training and education. On behalf of the ISBD Executive, I would like to thank those who attended the activities hosted by ISBD on June 8th, the day before the ICBBD meeting, in Pittsburgh. The meetings held on this day were extremely productive and have launched new ISBD programs in fiscal year 2011.

We are pleased to share with you the following significant accomplishments in FY 2010:

- Providing 4 young researchers the opportunity to attend the 9th International Conference on Bipolar Disorder (ICBD)
- Hosting an educational workshop for clinicians in conjunction with the 9th ICBD
- Adding 8 new chapters of the Society
- Completion of 2 ISBD Task Force manuscripts

In addition to these accomplishments, ISBD also launched a mentorship program under the direction of Dr. Willem Nolen and Dr. Nancy Diazgranados. The inaugural meeting in Pittsburgh was attended by over 40 participants, including prospective mentors and mentees. The program will be run principally through the ISBD website, which will host the mentorship sites and profiles for the mentors and mentees.

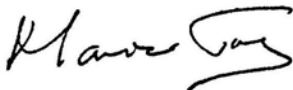
This report will

- Provide a membership update,
- Profile this year's winners of the Samuel Gershon Awards for Junior Investigators,
- Profile new chapters
- Review progress for the Society's 5th biennial meeting in Istanbul
- Present future meeting sites
- Provide updates for the *Bipolar Disorders Journal*, Publications and Task Force Manuscripts
- Review the Society's financial position for FY 2011

The ISBD reinvests 78 cents of every dollar received back into the Society's educational programs, and we welcome and receive support from individuals, corporate donations and memberships. Outside of membership, ISBD anticipates a reduction in other funding sources for the current fiscal year. The organization will look to develop new business relationships with web and membership development suppliers in order to increase the visibility of the organization and enhance our offerings to members as a principle strategy to increase membership retention and growth.

We are pleased to present this annual report to the membership, and we will make this report available to the general public on our website. We hope that all interested stakeholders will take an active part in supporting the ISBD's work through a donation at any amount. We would like to thank our Board of Councilors for the generous donation of their time and we look forward to another productive year.

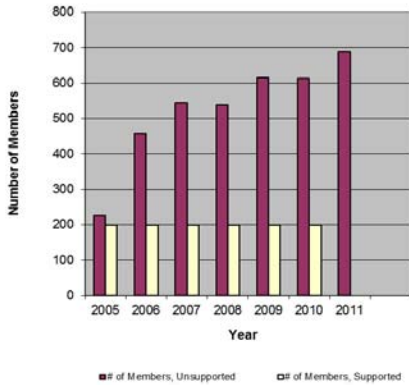
Best wishes,



Mauricio Tohen, MD, DrPH, MBA
President, ISBD

Membership Update

Figure 2: Members by Year



membership dues revenue was necessary to replace the loss of the supported membership program, which formerly contributed \$24,000 per annum to the Society's overall income.

Membership Income

As of this report, 2011 membership in Society stands at 700. The loss of our long standing global supported membership program has to in some extent been replaced by supported memberships from local chapters, with significant support from the Colombian chapter in 2011; nonetheless, the loss of 200 supported memberships has resulted in an overall decline in membership of 15%. Even taking the loss of membership into account, the membership revenues have increased by 38% from \$99,046 in FY 2009 to \$132,823 in FY 2010 which is attributable principally to the decision that was taken by the board in 2010 to increase membership dues. The increase in

Membership Distribution

The geographic representation of ISBD changed in some significant ways in 2012, including expansion of the membership in Latin America due a significant number of supported memberships from Colombia and the expansion of ISBD chapters in Latin America.

East and Southeast Asia expanded to some extent due to the addition of new chapters in Taiwan and Korea while the membership in South and Central Asia declined due in large part to the loss of supported memberships in India.

We also saw declines in both Australasia and the US and Canada while European membership held steady. Some of these declines are no doubt due to loss of supported memberships, but some would be due to natural attrition related to some annual turnover of the membership.

Continued development of ISBD chapters will continue to diversify the membership as a whole.

Figure 3: 2010 Members by Region

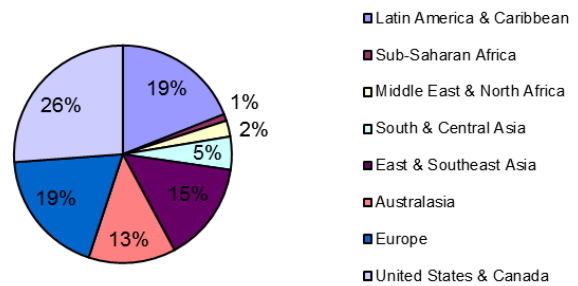
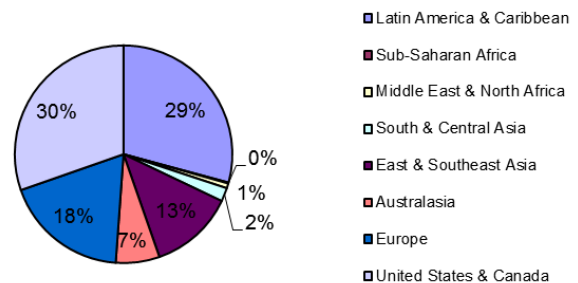
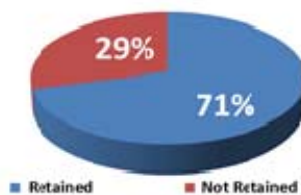


Figure 3: 2011 Members by Region



2011 Membership Retention*



* Figures represent the number of members in 2010 who renewed their membership in 2011, inclusive of lifetime members

Membership Retention Plans

While the Society retained 71% of our 2010 members in 2011, we realize that we need to do better. In order to deal with turnover of memberships, ISBD has taken the following steps:

1. We are currently actively working on an upgrade of the ISBD website which will be much more dynamic, interactive, and content drive.
2. We sent an exit survey to our trainee members from 2010 to find out how we can improve the Society's offerings
3. We will offer in future an option to automatically renew membership in ISBD every year, eliminating the need for members to receive a renewal reminder.

Samuel Gershon Awards for Junior Investigators

The Society presented the 6th Samuel Gershon Awards for Junior Investigators at the 9th International Conference on Bipolar Disorder in Pittsburgh, PA, US on Thursday, June 9th 2011. As in past years, the awards this year provided the four recipients with the opportunity to be recognized for their work at an ISBD affiliated meeting. The awards supported recipients' travel, accommodation, and registration for the ICBD conference. Each of these outstanding junior researchers presented a poster at the ICBD and received an honorarium and a complimentary membership in ISBD.

The purpose of the Samuel Gershon Awards is not only to provide an opportunity for travel to a meeting, but also to provide meaningful feedback to applicants, whose submitted manuscripts are ultimately intended for publication in a scientific journal. The ISBD provided the top eight applicants with detailed reviews of their work. ISBD's hope is that these reviews will serve as a valuable resource to Gershon Award applicants as they prepare their manuscripts for the rigorous review and editorial processes of high-caliber research publications.

The 2011 winners are:



Dr. Guillermo Perez Algorta

An Inexpensive Family Index of Risk for Mood Issues Improves Identification of Pediatric Bipolar Disorder

"Earning the SGAIJ refuels the exciting challenge of collaborating to understand bipolar disorder, where clarity means less suffering for those living with bipolar disorder and their families. This award is shared by an entire team characterized by generosity and openness to researches like me"



Dr. Jigar Jogia

Frontopolar Cortical Inefficiency Underpins Reward and Working Memory Dysfunction in Bipolar Disorder

"My current research focuses on employing advance neuroimaging and neuroinformatics techniques for the development of diagnostic tools to enhance the biological validity of bipolar disorder and allow prediction of disease expression in high risk individuals. The Samuel Gershon Award is a significant landmark in my career"



Dr. Naren Rao

Antithetical Relative Emotional Interference In Bipolar Disorder And Schizophrenia: An Optimized Emotional Stroop Study

"The Samuel Gershon Award gives huge encouragement and recognition to further advance my current research that aims to investigate biomarkers to differentiate bipolar disorder and schizophrenia, a need of the hour. This award is very special to me as it provides the ideal opportunity to learn and work with contemporary international investigators."



Dr. Robin Nusslock

Waiting to win: Elevated striatal and orbitofrontal cortical activity during reward anticipation in euthymic bipolar adults

"I am honored to be one of the recipients of this year's Samuel Gershon Award for Junior Investigators. I am deeply committed to the investigation of bipolar disorder and am grateful to the members of the International Society for Bipolar Disorders for their very important work and for this very special award."

ISBD Conferences Update

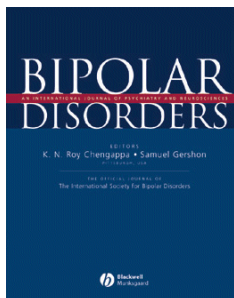
Plans are proceeding apace for the 5th Biennial Conference of the International Society for Bipolar Disorders to be held in Istanbul, Turkey from 14-17 of March 2012. The Society completed the invited program, selected the venue, the Istanbul Convention and Exhibition Center (ICEC), and released the call for abstracts and participation toward the end of the current fiscal year. The program will feature keynotes from Dr. Hagop Akiskal, Dr. Carlos Zarate, Dr. Pedro Ruiz, and a child bipolar debate session among other outstanding sessions we have planned.

As with the ICBBD in Pittsburgh, ISBD will once again feature a day of workshops and other chapter and task force related activities prior to the conference on March 14th. There will again be a workshop for clinicians who are new to the field, as well as workshops on women's health and chronobiology, among other topics.



As reported at our Annual General Meeting in June of 2011, ISBD will be holding our 2014 meeting in Seoul, South Korea and our 2016 meeting in Paris, France. We also reported earlier in 2011 that ISBD has officially merged with the International Conference on Bipolar Disorder (ICBD), moving the Society to a yearly meeting format. The 2013 meeting will be called the “10th International Conference on Bipolar Disorder – A Meeting of the International Society for Bipolar Disorders” and will be held in Miami, Florida. We want to assure delegates from past ICBD meetings that ISBD is committed to retaining the high quality and standards of the “Pittsburgh Meeting” while building a new tradition honoring the spirit of the ICBD.

Bipolar Disorders Journal and ISBD Publications Update



ISBD is proud to report that our official Journal, *Bipolar Disorders – An International Journal of Psychiatry and Neurosciences*, has achieved an impact factor of 5.221 for 2010, placing the Journal at 10th out of 126 peer-reviewed psychiatric publications. We commend the Editors and staff of the Journal on this incredible accomplishment. The Society received a total of \$98,561 in royalties from the publisher, Wiley, this year, which is derived in part from the sale of reprints, and the Society paid Wiley \$47,562 for subscriptions to *Bipolar Disorders* as part of the members' subscription fees. The net surplus to ISBD, after paying the Journal subscriptions to Wiley is \$50,999.

In an effort enhance collaboration between the two entities, ISBD created a publications committee in order to enhance communication and discuss mutual goals and priorities. Since its formation in 2010, the committee has provided assistance to ISBD task force groups and the Samuel Gershon Award applicants in order to help improve the quality of papers prior to submission to any peer-reviewed journal.

The Society's task force groups completed work on 2 publications during the fiscal year, one from the ISBD Mixed States Task Force led by Dr. Alan Swann and Dr. Trisha Suppes entitled “Bipolar Mixed States: Symptom Structure, Course of Illness, and Diagnostic Criteria – An ISBD Task Force Report,” and one from the Biomarkers Task Force led by Prof. Trevor Young entitled “Biomarkers in Bipolar Disorder: A Positional Paper from the International Society for Bipolar Disorders Biomarkers Committee.” As of this report, these manuscripts have been sent the Bipolar Disorders Journal for consideration.

Other task forces that continue in 2011 include the Women's Health Committee, the Clinical Trials Committee, and the Industry-Academia Liaison Committee. The ISBD launched several new task force groups at the ICBD, including groups on prodromes, staging and suicide. ISBD task forces will have a variety of deliverables outside of publications in the Journal, including development of textbooks, a bio-bank, and an industry databank.

ISBD Chapter Initiatives

In addition to ISBD Korea and ISBD Taiwan, which were noted in the FY 2009 Report, the ISBD added 6 other new chapters in 2011, including the Chilean Society for Bipolar Disorders, the Danish Society for Affective Disorders, FondaMental-Bipolar (French Chapter), ISBD-India, ISBD Peru, and ISBD Venezuela. A brief bio of each of these organizations follows.

Chilean Society for Bipolar Disorders

The mission of the Chilean Society for Bipolar Disorders is to form an association to promote and enhance development of knowledge and improvement of treatment for people with bipolar disorder among the professional community and Society as a whole in order to improve health and quality of life for people suffering from this condition and their families.

Danish Society for Affective disorders (DSAL) was established in May 2009 and was officially recognized as an ISBD chapter in 2011. DSAL is an interdisciplinary non-profit scientific society for all health care providers with interest in diagnostics, treatment and research in affective disorders.

The society aims to support clinical skills in diagnosis and treatment of affective disorders in Denmark, to increase research in affective disorders by inspiring and attracting younger researchers, and to increase coordination of research in affective disorders in Denmark, among other goals.



Dr. Lars Vedel Kessing
DSAL President



FondaMental-bipolar is part of the FondaMental foundation, created in 2007 by the Ministry of Research; it is a scientific cooperation foundation. This foundation works in priority on bipolar disorder, as well as on schizophrenia and high functioning autism (Asperger syndrome). It also aims at improving the understanding and treatment of disorders such as depression and suicidal behavior.

Society for Bipolar Disorders – India exists to promote & advance the overall growth of psychiatry in India, stimulate the development of and access to psychiatric mental health services in all sectors, promote & conduct activities for the prevention & treatment of psychiatric disorders, formulate, promote, and carry out activities for, advising on standards of higher education and training for medical, non-medical & auxiliary personnel in psychiatry, and to promote and advocate for the full realization of the rights of persons with mental disorders, among other objectives.



ISBD Peru's main aspiration is to become a scientific society that promotes education and research in the field of bipolar disorders. This includes international collaboration with the ISBD and its chapters. The principal objective of this collaboration is to improve the diagnosis and treatment of all aspects of bipolar disorders, which will benefit not only those professionals who treat this illness, but also those who suffer it and their families.

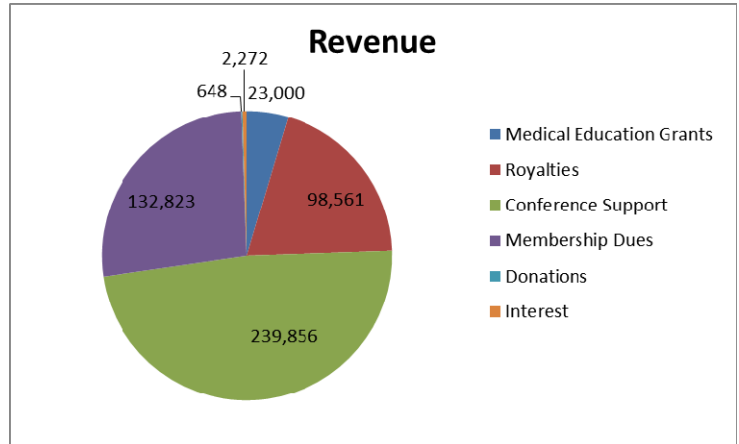


Dr. Oscar Heeren
ISBD Peru President

ISBD – Venezuela was formed to create spaces for meeting and discussion of bipolar disorder, create support and promote international conferences, promote awareness in the medical community in Venezuela, support the Venezuelan foundations of bipolar patients, their families and relatives, create and coordinate research networks of mental health professionals in Venezuela, develop tools for statistical and epidemiological surveillance in terms of population behavior of the disorder, perform expert consensus regarding diagnosis and treatment of patients with bipolar disorder and generally help to promote ISBD values, publications and activities.

Fiscal 2010 Year at a Glance

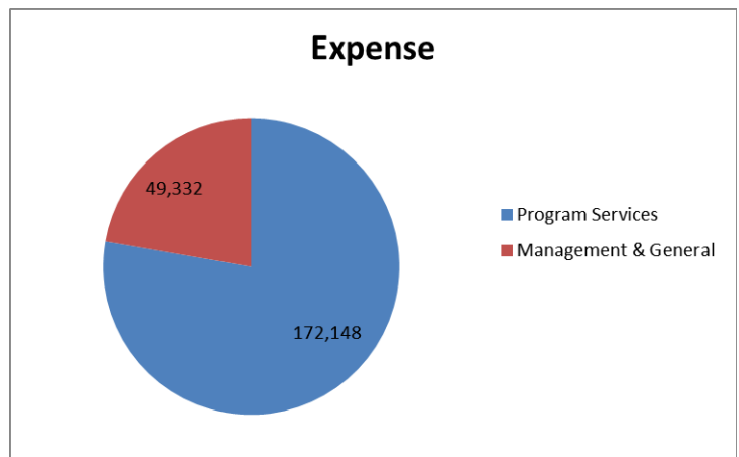
The International Society for Bipolar Disorders (ISBD) closed its 2010 fiscal year, running from July 1st 2010 to June 30th 2011, with a surplus of 305,763, which was attributable principally to a highly successful 2010 meeting in Sao Paulo, but also to increases in other aspects of the Society's business, including memberships and royalty revenue. The surplus resulted in an increase of total net assets from \$457,550 on July 1 2010 to \$763,313 on June 30th 2011, representing an increase of 67%. A provision for restriction of \$100,000 to support a lifetime member trust in 2011, combined with an average annual operating expense of ~ \$252,200, provides the organization with ~ 2.5 years of operating expense.



Contributions

ISBD would like to say a special thank you to the following supporters

- The entire ISBD Executive and Board of Councilors for your time and dedication
- All of our individual contributors for your generous donations
- Our members
- The United Way of Allegheny and Westmoreland County



We would also like to thank the following corporate supporters

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